

Protocol for Pneumonia

Hospital Discharge Internal Process/Protocol for Pneumonia

The following steps should be taken when a resident comes to The Cottages from the hospital for this diagnosis.

Day 1:

- ☐ Set up outside services (ex. Home health) – where applicable
- ☐ Review Fall Risk Assessment and or complete one
- ☐ Schedule a follow up Dr. Appt.
- ☐ Ensure we have resident's medication set up in Bluestep and that we have the medications available
- ☐ Inquire to see if a breathing treatment should be performed if one has not been ordered
- ☐ Coordinate with our nurse to have an assessment performed same day
- ☐ Perform frequent checks and vitals every shift x 7 days to include BP, Pulse, Resp., and Temp.
- ☐ Monitor oxygen stats. on the MAR q shift (if under 90 notify RN)
- ☐ Take daily weight measurement for entire 30days (notify RN if resident gains or loses 2 lbs.)
- ☐ Ask about Diuretics to help avoid fluid retention
- ☐ Set up a Temporary Care Plan
- ☐ Monitor frequent fluids & diet
- ☐ Check for edema daily and remind staff to assist in elevating residents' feet - Staff need to be delegated on what to report to the nurse in relationship to edema, urine, and hydration

Day 7:

- ☐ Have our nurse perform a follow up review of O2, weight, medications, nutrition log & make comprehensive notes
- ☐ Continue therapies – review home health/hospice agency notes and follow up as needed
- ☐ Add progress notes based on current progress and condition

Day 14:

- ☐ Inquire to see if the doctor would like to have a chest x-ray performed
- ☐ Check and record vitals in Bluestep (BP, Pulse, Resp., Temp, and weight)
- ☐ Obtain orders for the lab to ensure there is not infection (ensure doctor's order is in place)
- ☐ Have our nurse perform a face to face nurse visit with comprehensive notes and add follow up notes
- ☐ Administrator - Send a note to our resident's doctor and family to let them know how their doing (email, fax, or phone)
- ☐ Incorporate the Temporary Care Plan into the Service Plan

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Day 21:

- ☐ Check and record vitals in Bluestep (BP, Pulse, Resp., Temp, and weight)
- ☐ Have our nurse evaluate resident's condition, add follow up notes and notify administrator of progress.
 - ☐ Administrator contacts the doctor and discuss progress
- ☐ Administrator - Make progress notes about residents' overall condition, activity level, mood state and appetite and verify the nurse has read the notes

Day 28:

- ☐ Check and record vitals in Bluestep (BP, Pulse, Resp., Temp, and weight)
- ☐ Have nurse and administrator review fall risk assessment
- ☐ Review resident's Service Care Plan for areas that need modified, review LOCA and submit changes to accounting

Day 30:

- ☐ Close out the BounceBack form in Bluestep to determine whether our resident was able to stay at The Cottages or went back to the hospital
- ☐ Inquire about hospice if appropriate
- ☐ Follow up with resident's doctor and discharge planner on status of our resident
 - ☐ Send handwritten personalized card
 - ☐ Email completed Protocol form to the Director of Operations and CMO (*Protocol forms are on E-binder*)
 - ☐ Send medication review fax to Dr.