

Foley Catheter Care

NURSE DELEGATION: INSTRUCTIONS FOR GENERAL NURSING TASK

General delegated tasks are those tasks that the Nurse identifies as general in nature and once learned can be performed for all residents. The Caregiver to whom the task is delegated must demonstrate ability to perform the task as instructed by the Nurse. By signing this delegation form, the Caregiver being delegated agrees to perform the task as taught. The nurse will review Caregiver performance annually or as needed to assure continued competency in performance of the task.

General Task: FOLEY CATHETER CARE

Supplies Needed

- 2 clean wash cloths (or peri wipes if available) and clean towel
- Soap and warm water
- Disposable non-sterile gloves and plastic trash bag
- Handwashing Solution

Procedures/Steps to Follow to Perform the Task

1. Explain to the resident what you want to do.
2. Assemble supplies and equipment in a convenient work area.
3. Put on gloves.
4. For females follow the following procedures:
 - 1) Cleanse vaginal area from front to back (towards the rectum) with clean wash cloth, soap and water (or with peri-wipes, if available).
 - 2) Use a separate clean cloth with soap and water (or peri wipes if available) to cleanse tubing, wiping tubing away from body. Be careful not to pull on the tubing.
 - 3) Pat dry with clean towel.
5. For males follow the following procedure:
 - 1) Cleanse penis with clean wash cloth and soap and water (or peri wipes if available) in a circular motion around the tip of the penis.
 - 2) Use a clean cloth, soap and water (or peri wipe if available) to wipe tubing away from the penis.
 - 3) Pat dry with clean towel.
6. Provide resident comfort measures.
7. Place soiled wash cloths and towels in resident laundry bag.
8. Discard of disposable items in plastic trash bag in resident's apartment.
9. Remove gloves.
10. Wash hands with hand-washing solution.

Outcomes

1. Resident will remain free of urinary tract infections and the Foley catheter will remain clean.

Foley Catheter Care

Potential Risks/Side Effects and Appropriate Actions to Deal with them (include what to observe for and report, what to do, and whom to contact)

1. Foley catheter tubing and drainage bag should only be disconnected during emergencies or when a new tubing/bag is being applied. When disconnecting or changing out the tubing, connections must be wiped down with alcohol pads.
2. Drainage bags should be emptied frequently (when bags are $\frac{1}{2}$ to $\frac{3}{4}$ full) because urine is an excellent area for bacteria to grow.
3. Drainage bag or tubing always should remain below the level of the bladder to prevent urine from returning back into the bladder.
4. Drainage bag or tubing should never rest on the floor.
5. If any signs of urinary tract infection, notify facility nurse.

